**2022 Jr. High Retreat**

We will be ***meeting at RMC @ 3:30pm on Friday, April 8, 2022.*** **Bus leaves promptly for Quaker Ridge at 4:15!** Please **DO NOT BE LATE**!We will be ***returning to RMC @ 12:30 pm on Sunday April 10, 2022.*** If you have questions or concerns, please contact Tyler Kettner at tylerk@rmcalvary.org or call 719-597-1133.

**THINGS TO BRING:**

* Bible, journal, and pens/pencils
* Flashlight or head lamp
* Personal toiletries
* Towel and washcloth (camp will NOT provide linens)
* Sleeping bag or blankets and pillow (camp will NOT provide blankets or linens)
* Clothes for changing weather, such as jeans, t-shirts, sweatshirts, etc.
* Warm jacket/coat cold weather (especially at night)
* Beanie or hat and warm gloves
* Shoes for hiking or outside activities
* Any special medications (please let your leader know what they are and how to take them in case of emergency)
* Snack foods, in case you get hungry between meals
* Water bottle

**PLEASE DO NOT BRING!**

**YOU WILL BE SENT HOME AT YOUR OWN EXPENSE IF YOU BRING:**

* ANY illegal drugs
* Alcohol
* Weapons of any kind, including, but not limited to: knives, guns, etc.
* A bad attitude. You must get along with everyone.
* Pornography of any kind
* Video games or electronic media - we don’t need or want any distractions
* **We will collect all cell phones while we are at Quaker Ridge**. The kids will get them back when we leave the camp. It’s okay to bring phones, but just know we will take them while we are up at the camp.

**Emergency Contact Info:** During the retreat, we will do our best to be available to parents should an emergency arise. In case of an emergency, please contact Tyler Kettner at 719-660-3622 (text is best, as cell reception is limited). You can also call Quaker Ridge at 719-687-9012.