**Youth Retreat Packing List**

If you have questions or concerns, please contact Tyler Kettner (Jr. High) at [tylerk@rmcalvary.org](mailto:tylerk@rmcalvary.org) or Tim Balagat (High School) at TimB@rmcalvaryorg, or call 719-597-1133.

**THINGS TO BRING:**

* Bible, journal’s, and Flashlight, or head lamp
* Personal toiletries, towel
* Warm jacket and clothes ready for cold weather (especially at night)
* Shoes for hiking or outside activities
* Sleeping bag or blankets and pillows. (camp will NOT provide blankets or linens)
* Clothes, such as jeans and clothes for cold season. Shorts may be worn during indoor gym activities.
* Any special medications please let your leader know what they are and how to take them in case of emergency.
* Beanie or hat, warm gloves might be a good idea.
* Snack foods in case you get hungry between meals.
* Water bottle

**PLEASE DO NOT BRING!**

**YOU WILL BE SENT HOME AT YOUR OWN EXPENSE IF YOU BRING:**

* ANY illegal drugs.
* Alcohol
* Weapons of any kind, such as knives, guns etc..
* A bad attitude. You must get along with everyone.
* Pornography of any kind.
* **We will collect all cell phones while we are up there**. You will get them back when we leave. It’s okay to bring them, but just know we will take them while we are up there.
* No video games or electronic media - We don’t need or want any distractions.

**Emergency Contact Info:** During the retreat we will do our best to be available to you in case an emergency should arise. In case of an emergency please contact Tyler Kettner (Jr. High) @ 719-660-3622 or Tim Balagat (High School) @ 719-502-7525.